



\$10.00 LUNCH MENU

Includes soft drink - taxes not included

SPINACH AND KALE SALAD - A blend of crisp kale and tender spinach with toasted pumpkin seeds, roasted red pepper, and sun dried cranberries, tossed in roasted onion and toasted caraway seed vinaigrette, finished with house made sweet potato hay *GF

Add goat cheese \$2

PULLED PORK SUB - House made BBQ pulled pork layered with sweet balsamic onions and served on a sub bun.

Add Swiss, Monterey jack or Cheddar cheese \$2

FALAFEL - Golden fried falafel layered with bell peppers, tomato and red onion, finished with house made feta tzatziki sauce wrapped in a warm pita. Served with your choice of soup, salad, or fries.

Upgrade to sweet potato fries, Caesar salad or onion rings for \$2

CHICKEN CAESAR WRAP - Crispy breaded chicken tossed with our Caesar salad and wrapped in a flour tortilla, served with your choice of soup, salad, or fries.

Upgrade to sweet potato fries, Caesar salad or onion rings for \$2

DENVER - Diced ham and green onion scrambled with two eggs and served on your choice of toast with soup, salad or fries.

Upgrade to sweet potato fries, Caesar salad or onion rings for \$2

Add Swiss, Monterey jack or Cheddar cheese \$2

QUESADILLA - Your choice of grilled chicken, spicy ground beef, or house made BBQ pulled pork layered with cheese and folded in a flour tortilla shell, accompanied by house made salsa and sour cream. Served with your choice of soup, salad or fries.

Upgrade to sweet potato fries, Caesar salad or onion rings for \$2

CLASSIC BURGER - House made burger finished with crisp lettuce, tomato, mayonnaise and red onion. Served on a toasted burger bun with your choice soup, salad or fries.

Upgrade to sweet potato fries, Caesar salad or onion rings for \$2

Add bacon \$2. Add Swiss, Monterey jack or Cheddar cheese \$2

Add sautéed mushrooms \$2

Sub gluten free bun \$2



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BEER BATTERED FISH – Beer battered cod, done in house, served with your choice of soup, salad or fries accompanied by a side of our house made tartar sauce.

Upgrade to sweet potato fries, Caesar salad or onion rings for \$2

NOODLE BOWL – Udon noodles nestled in house made Asian style broth topped with sautéed vegetables and finished with fresh cilantro.

Add grilled chicken or garlic sautéed shrimp for \$4

MEAT BALL SUB – House made meatballs simmered in our roasted tomato sauce, and layered in a toasted sub bun served with soup, salad or fries.

Upgrade to sweet potato fries, Caesar salad or onion rings for \$2

Baked with mozzarella \$3

Please advise your server of any allergies or dietary restrictions, our kitchen would be more than happy to accommodate you

*GF – designates gluten friendly options